

JOSH MILLROD, MT-BC

address

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Music Therapy Experience

Bellevue Hospital, Intern, New York, NY September 2015 - Ongoing

- Led individual and group music therapy sessions on six inpatient psychiatric units, outpatient opioid treatment clinic and chemical dependency outpatient clinic
 - Session Types: Music Therapy, Music Listening, Rap Songwriting/Production, Music Relaxation, Music and Art, Short-form Guided Imagery and Music, Mindfulness and Music and Drama
- Conducted assessment interviews and wrote treatment plans, progress notes and discharge summaries according to activity therapy department rules and guidelines
- Created original protocols to meet the needs of a variety of client populations
- Developed rap songwriting/production program to meet multi-cultural client needs
- Worked with unit treatment teams and activity therapy department to provide coverage on units as necessary in accordance with activity therapy group schedule
- Documented group therapy participation and shared therapeutically important moments with treatment team members
- Trained in QuadraMed documentation, HIPAA protocols and HHC mandates

Montefiore Hospital, Fieldwork Intern, New York, NY January 2015 - June 2015

- Led individual and group sessions on adult inpatient psychiatric unit
- Collaborated with creative arts therapy team in multi-modal groups
- Conducted assessment interviews and wrote treatment plans under supervision
- Documented individual and group therapy sessions for patient charts

JBFCs, Fieldwork Intern, New York, NY September 2014 - December 2014

- Led individual sessions and co-led group and individual sessions with children with autism spectrum, sensory processing and developmental disorders
- Helped with assessment and creation of treatment goals and objectives
- Assisted in documenting sessions for client's charts
- Prepared, adapted and wrote music to meet client-specific needs

Professional Experience

Strategist New York / San Francisco / London / Portland January 2007 - August 2014
at West, Untitled LLC, Droga5 and Wieden+Kennedy

Major Clients: Coca-Cola, Diet Coke, Nike, Prudential, Old Spice, Spotify and Google

- Built a successful advertising strategy consulting business able to execute short-term and long-term contracts either self-managed or as part of client team
- Worked with clients to agree upon deliverables, schedules and fees and managed strategic planning process from RFP to completion of contract
- Immersed in client businesses and conducted primary and secondary market research to develop advertising campaigns
- Developed creative concepts for all major media types and measured and reported on campaign effectiveness

Education

New York University — Master of Arts in Music Therapy — September 2014 - September 2016 (Projected Graduation - Coursework and Thesis Completed July 2016)

Association for Music and Imagery — Level One GIM Certification - June 2015

Indiana University — Bachelor of Music in Trumpet Performance and Certificate in Journalism — September 2002 - December 2002